



## SAFETY FLASH: MAN OVERBOARD

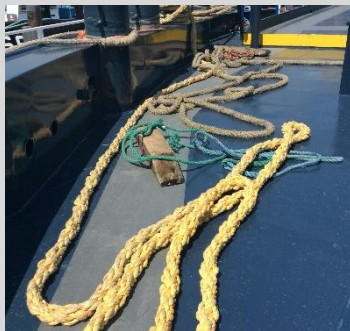
### GOOD PRACTICE

- ✔ Wearing safety shoes.
- ✔ Mark gangways with anti-slip.
- ✔ Secure yourself during work in the gangway (in case no railing is present);
- ✔ Establish a safe step over make sure to do it with full attention.
- ✔ Making sure the workplace is clean and tidy.
- ✔ Execute a LMRA (Last Minute Risk Assessment) ([see PZI website](#)).
- ✔ Wear a lifejacket (**AS LAST LINE OF DEFENSE**).



Falling over board happens regularly in the inland shipping industry, which often leads to drowning.

To prevent this, taking measures and being aware of the risks is very important.



### BAD PRACTICE

- ✘ Wearing unsuitable footwear.
- ✘ Walking on a slippery deck.
- ✘ Messy workplace.
- ✘ Complacency, hurry, 'this will not happen to me'-attitude.

### ACTION QUESTIONS:

- Which personal protective equipment do we have on board? Are they sufficient?
- Are our gangways provided with anti-slip to prevent slipping?
- How do we help each other to not fall over board? (for example: by pointing out unsafe behavior)