



SAFETY ALERT: CORONAVIRUS

In December 2019, an outbreak of a new corona virus started in the Wuhan region of China. In Europe, the number of people infected with the corona virus is increasing. People with the new coronavirus have a fever and respiratory complaints. Think of coughing or shortness of breath. The disease can be transmitted from person to person. The sicker a person is, the more he spreads the virus. It is therefore important to take measures to prevent infection with and spread of the virus.



POTENTIAL HAZARDS

- Virus infection with health consequences such as fever, respiratory complaints (cough / shortness of breath) and in some cases with fatal outcome.
- Further spread of the virus.



MEASURES

- Ensure good personal hygiene and do not come near sick people who have flu symptoms.
- Wash your hands regularly, at least 30 seconds.
- Use disinfectant gel if hand washing is not always possible.
- Use paper tissues or coughs and sneezes on the inside of an elbow.
- Wearing a paper mouth cap does not help against infection with the virus.
- Regularly clean hard surfaces (desktop, light switches, door handles, keyboard).
- Limit the shaking of hands, and keep an appropriate distance from each other.
- Ensure good ventilation of the workplaces.
- Do not try to touch your face and mouth with your hands.
- Clean (Full) face masks immediately after use and thoroughly disinfect them. Do not use masks from each other. Also do not use each other's gloves.
- Keep an eye on each other and be alert to symptoms of illness with your colleagues.
- Inform colleagues with holiday plans about the travel advice of the government.
- Do not go to areas where the corona virus is present. If there is no other option, avoid large groups of people there, do not get close to farms and wildlife.
- Handle food preparation with care (especially in risk areas) and ensure that food is well cooked and cooked through.
- Follow the rules and instructions of third parties, such as loading / unloading installations and the authorities.
- Follow the news and be informed by government information sources (in the Netherlands: www.rivm.nl).

INFECTION

- Contact your doctor by telephone if you:
 - Have a fever with respiratory symptoms (cough or shortness of breath) and
 - Have been in a risk area, or
 - Been in contact with a patient with the virus.
- Inform your colleagues and employer about a (potential) infection.

Referenties/Sources:

RIVM: www.rivm.nl ; <https://www.bundesgesundheitsministerium.de/coronavirus.html>

World Health Organization: www.who.int